

LEJOG – Clifford’s Route by Day – Total Mileage 900 miles

Date	Daily Stages – Overnight stops in Bold	Mileage
Sunday 20 th August	Lands End , sign-in Penzance, Camborne, Newquay	45
Monday 21 st August	Newquay, Wadebridge, Bude	44
Tuesday 22 nd August	Bude, Great Torrington, South Molton, Bampton	56
Wednesday 23 rd August	Bampton, Taunton, Bridgewater, Weston-Super-Mare	56
Thursday 24 th August	Weston-Super-Mare, Bristol, Gloucester	55
Friday 25 th August	Gloucester, Tewkesbury, Worcester, Leave on A443 to Hallow, Holt Heath, Areley Kings, Bewdley, Kinlet, Highley, Chelmarsh	62
Saturday 26 th August	Chelmarsh, Bridgnorth, Shifnal, Newport, Market Drayton, Nantwich	50
Sunday 27 th August	Nantwich, Warrington, Wigan ,	41
Monday 28 th August	Wigan, Preston, Lancaster .	40
Tuesday 29 th August	Lancaster, Carnforth, A6070, A65, Kendal, Shap, Penrith	49
Wednesday 30 th August	Penrith, Carlisle, Longtown, Hawick	64
Thursday 31 st August	Hawick, Edinburgh .	55
Friday 1 st September	Edinburgh, Forth Bridge, Perth, Bankfoot	53
Saturday 2 nd September	Bankfoot to Newtonmore	61
Sunday 3 rd September	Newtonmore, Aviemore, Carrbridge, Inverness	45
Monday 4 th September	Inverness, Invergordon, Tain, Golspie, Brora	58
Tuesday 5 th September	Brora, Helmsdale, Lybster	33
Wednesday 6 th September	Lybster, Wick, John O Groats (and then 14 miles back to Wick)	30